

**PATIENT INFORMATION**

**Guidelines for patients with Diabetes undergoing a Colonoscopy – Tablet & Basal (Intermediate/long acting insulin – Morning Appointment**

**Guidelines for patients with Diabetes undergoing a Colonoscopy – Tablets & Basal (intermediate/long acting) insulin.**

**Morning Appointment**

**Two days before taking the bowel preparation**

A low residue diet should be started two days before taking the bowel preparation to ensure a clear bowel, a diet sheet may be provided. Your dose of diabetic tablets/insulin should be reduced by half whist on a low residue diet.

**Day before the procedure**

You may have breakfast at 9am with **half** your usual dose of tablets. If you take your insulin in the morning **Do Not** take it until after your procedure.

**Do Not** eat solid food after this time but drink clear sugar drinks at mealtimes instead of food.

**Please follow bowel preparation instructions**

**It is recommended that you check your blood glucose levels at least 4 times a day.**

**Day of Procedure**

**Continue to follow bowel preparation instructions.**

**Do Not** take your breakfast tablets or insulin – you can have a sugary drink

Clear fluids may be taken until 2 hours before your appointment time shown on your letter.

Ensure you take your tablets, insulin and device with you to the Endoscopy unit for your appointment.

Following your procedure and when you are advised you can eat and drink.